

SSLC ANNUAL EXAM MARCH-2023

10TH STD PHYSICAL EDUCATION

TIME 2-30 HOURS

MAXIMUM MARKS=80

I. ANSWER THE FOLOWING QUESTION :

1x8=8

1. Women's national Basketball league means _____
A) NBL B) WNBL C) WBL D) NBLW
2. Identify the starting year of Thomas cup _____
A) 1947 B) 1949 C) 1948 D) 1946
3. In Volley ball the Extension line is of _____ centimeter.
A) 76 CM. B) 77 CM. C) 74 CM. D) 75 CM.
4. Elastic crap bandage is used to add stability _____
A) Windows B) Hinges C) Hair D) Glass
5. Correct name of influenza is _____
A) Poo B) Flower C) Flu D) Inn

II. FILL IN THE BLANK:

6. In 1998 Daniel Stephan was awarded by _____
7. _____ is called as 'Gentle Tiger' in Badminton game
8. John Akki-bua set Olympic records in _____ mts. hurdles
9. _____ will increase by Dhayana

III. Match the Following

1X5=5

- | A | B |
|------------------------------------|----------------------|
| 10. Gurudayal sing | A) IBF |
| 11. BWF | B) Basketball Player |
| 12. Width of top bar of the hurdle | C) Arjun award |
| 13. Sirichand rao | D) 7 C.M. |

IV. Answer the following question: :

1x8=8

14. Who won the world player award for the first time in Handball goal Keeper?
15. Which was the award won by Magic Jonson for his great game 12 times?
16. What is reason behind the name Ubar cup?
17. Write the full name of P.T.Usha?
18. Who is the world number one women marathon walk race player?
19. Write one rule of disc throw game?
20. What is suffocation?
21. Write any one symptoms of tuberculosis?

V. Answer the following in two or three sentence each:

2X16=32

22. What is the Olympic motto & meaning?
23. Which is the Organization responsible for conducting the Asian games & which year Organized in first time asian games?
24. Write down the awards won by Yumilka Ruiz?
25. Name the two women hockey player lead the Indian team?
26. Explain the achievements of Basketball Player Karim Abdul Jabbar?
27. Write the 2 awards won by Gopichandh?
28. What is the width & length of the hurdles?
29. Write the main rules of walking race?
30. Write the main rules of race walking?
31. How do you dispose of solid waste products?
32. ?
33. How does communicable diseases spread?
34. Explain the first aid to the person who were revived from drowning?
35. Write two importance of National integration?
36. Write a short note on cholera?
37. Write a short note of the type II diabetes?

VI. Answer the following in three or four sentence each:

3x5=15

38. What are the factor that bring about national integration?
39. Write the achievements of Aparnapopat?
40. Write the training methods of John AkiiBua?
41. Write the rules of walking race?
42. Write the types of blood pressure?

VII. Answer the following in five or six sentence each:

2X4=8

43. Write briefly about Dhyan Chand?
44. Write about the deferent between solid waste and wet west?

VIII. 45. Draw a neat Picture of Throwing Disc Sector with measurement?

1X4=4