

PHYSICAL EDUCATION

6TH STD FIRST SUMMATIVE ASSESSMENT-SEPTEMBER-2023

Time: 90 Minutes

Marks: 30

I. MULTIPLES CHOICE QUESTIONS

1X4=4

- All India Kho-Kho Federation was formed in the year _____
1) 1967 2) 1977 3) 1957 4) 1987
- Health and cleanliness are like _____ faces of the same coin
1) Two 2) Four 3) One 4) Three
- Before playing in a ground which is wet with water put sand and _____
1) Small stone 2) Cement 3) Tree bark 4) Saw dust
- Ashok chakra is at the center of the strap with the color _____
1) Saffron 2) White 3) Green 4) Blue

II. MATCH THE FOLLOWING

1X4=4

- | | |
|---------------------------|---------------------------------|
| 5. Raiding Skill | 1. Wealth of the nation |
| 6. Chaser | 2. 48 – 52 Second |
| 7. Healthy citizen is the | 3. Back Kick |
| 8. National Anthem | 4. Player of attacking team |
| | 5) Player of the Chasseing team |

III. ANSWER THE FOLLOWING QUESTIONS IN ONE SENTENCES:

1X4=4

- Which is India's ancient sport?
- Which are your sense Organs?
- What does personal safety mean?
- When was the national anthem accepted?

IV. ANSWER THE FOLLOWING QUESTION IN 2 OR 3 SENTENCES:

2X4=8

- Explain the Physical Education helps in the development of body?
- Explain the types of skills are there in Kabaddi?
- Explain the definitions of health?
- Write the safety Rules at home by children & parents?

V. ANSWER THE FOLLOWING QUESTION IN 4-5 SENTENCES:

3X2=6

- Explain the rules of the Kabaddi Game?
- Explain the rules of the Kho-Kho Game?

VI. 19. Draw a diagram of Senior Men Kho-Kho play field with Measurement?4X1=4