

PHYSICAL EDUCATION

6thSTD 2nd summative assessment-March-2023

Time: 90 Minutes

Marks: 30

I. Fill in the blanks

3x1=3

- 1) The sport of football is also known as -----.
- 2) First aid was implemented at the very beginning by ----- Sangha.
- 3) Ashoka Chakra has ----- lines.

II. Match the following

3x1=3

A

B

- | | |
|----------------|--------------------|
| 4) Athletics | - A) Good for skin |
| 5) Rechaka | - B) Long jump |
| 6) Vitamin 'D' | - C) Exhalation |

III. Answer the following questions in one sentence

6x1=6

- 7) When did the modern sport of football begin?
- 8) What shape is a jump button?
- 9) When was the national anthem adopted?
- 10) When was the book Yoga Sutra written?
- 11) What are our sense organs?
- 12) What is first aid?

IV Answer in two sentences

4x2=8

- 13) Write the weight and circumference of a football?
- 14) Which parts of the body benefit from yoga practice?
- 15) What is personal hygiene?
- 16) What are the colors in the national flag and explain them?

V. Answer the following questions three or four sentences

2x3=6

- 17) Write the meaning of Yoga?
- 18) Write first aid equipment?

VI. 19) Draw a long jump Pit and mark the measurements

1x4=4