

PHYSICAL EDUCATION

7TH STD FIRST SUMMATIVE ASSESSMENT-SEPTEMBER-2022

Time: 90 Minutes

Marks: 30

I. MULTIPLES CHOICE QUESTIONS

1X4=4

- _____ Birth day is celebrated as children's day
A) Ambedkar B) Gandiji C) Neharu D) Radakrishnan
- National Kabaddi tournament was played at _____ in the year 1973
A) Bangalore B) Mumbai C) Jaipur D) Chennai
- when Kho-Kho players of south Zone are given _____ award
A) Onake ovavva B) Dhruva C) Arjun D) Ekalavya
- _____ Is the India's famous football player
A) Mara Dona B) M.Vijan C) Pele D) Ronaldo

II. MATCH THE FOLLOWING

1X4=4

- | | |
|---------------------------------|---------------------|
| 5. Below 18 year Kho-Kho player | 1. Padmashri |
| 6. Bhaichung Bhutia | 2. Early to Rise |
| 7. Early to bed | 3. Republic Day |
| 8. January 26 th | 4. Veera Abimanyu |
| | 5) Independence day |

III. ANSWER THE FOLLOWING QUESTIONS IN ONE SENTENCE:

1X4=4

- Write about the Ekalavya awardees name in Kabaddi?
- Name India's famous football player?
- List the activities of entertainment?
- Which are the symbols used to represent India?

IV. ANSWER THE FOLLOWING QUESTION IN 2 OR 3 SENTENCES:

2X4=8

- Explain the benefits of Physical Exercise?
- When did the Indian government announce the Arjun award & to whom was given?
- What are the characteristics required in a football player?
- Explain the advantages of rest?

V. ANSWER THE FOLLOWING QUESTION IN 4 TO 5 SENTENCES:

3X2=6

- Write about the characteristics of Kabaddi players?
- Make a list of characteristics of a Kho-Kho player?

VI. 19. Which are the champion ship organized in Kho-Kho Game?

4X1=4