

PHYSICAL EDUCATION

9TH STD FIRST SUMMATIVE ASSESSMENT-SEPTEMBER-2023

Time: 01-30 Hours

Marks: 30

1. Fill in the blanks:

1X4=4

- _____ Committee recommended the merge of Yogasana and Pranayama in the Physical education programs
A) Tharachand B) Deshmukh C) Prof.L.R.Vidyanathan D) Radakrishan
- Hand ball player Sadananda Samuel is honored by _____ award
A) Darara B) Olympics C) State award D) National award
- _____ Types of tactics are there In basketball.
A) Four B) Eight C) Two D) Nine
- _____ is found in lime
A) Sodium B) Calcium C) Potassium D) Magnesium

2. Mach the following:

1X4=4

- | A | B |
|-----------------|---------------------------------|
| 5. Raja Reddy | 1) Development Society |
| 6. First Aid | 2) National Institute of Sports |
| 7. Disease free | 3) Handball Player |
| 8. N.I.S | 4) To save from danger to life |
| | 5) Nethaji Institute of sports |

5. Answer the following question in one or two sentences

1X4=4

- Name the players who were Ekalavya awarded winner in Handball?
- In what activity of maintaining cleanliness of social places?
- What is Fast Break in Basketball?
- What do you mean by Aerobic centers?

6. Answer the following the question in 2 or 3 sentences:

2X4=8

- How many types of tactics are there in Basketball? Two list them?
- Which are the two main benefits of participating in limited open air activity?
- Mention the defensive faction in Handball?
- How would you treat a casualty saved from drowning?

7. Answer the following the question in 4 or 5 sentences:

3X2=6

- Which committee did the central government form in the year 1948 to develop physical education? Write their recommendations?
- Explain the essential qualities of Handball player?

8. Draw the picture:

4X1=4

- Draw the man to man defense Picture in Basketball? Mark the palaces of players?