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HISTORY & ORIGIN & DEVELOPMENT



Basket ball is played between two teams of five players each. The objective of each team is to score points by throwing the ball into the opponent's basket and to prevent the other side from securing the ball or scoring. The ball may be passed, thrown, tapped, rolled or dribbled in any direction, subject to the restrictions laid down in the rules. It is purely a handling game.

ORIGIN & DEVELOPMENT

first included in the Olympics in 1936, which was held in [Berlin](#). The origin of the game of basket ball dates back to 1891 in America. The game was first played in the Y.M.C.A College of [Physical Education](#), Springfield, U.S.A and the first Rule Book of the game was published by James Naismith in 1895. The game was first practiced on suspended [peach](#) baskets and it was those baskets which gave the game its name and later peach baskets were replaced by hoops fixed on a pole or board 10 feet above the ground. The game of basket ball was National championship for men was conducted in 1934 in New Delhi which gave the game

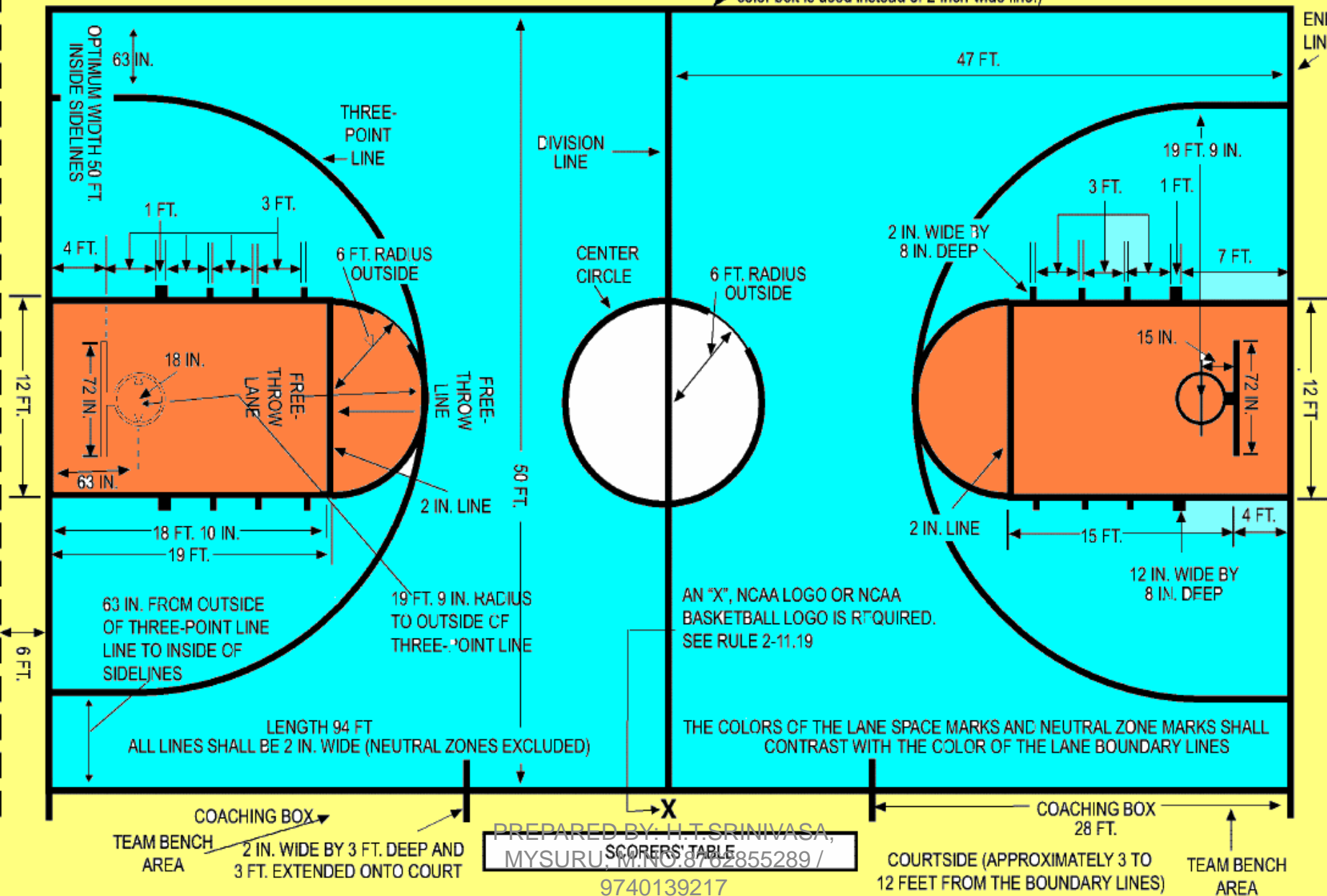
BASKET BALL COURT

MINIMUM of 3 FT.
Preferably 10 ft. unobstructed space outside

SIDELINE

(Must be at least 8 inches wide if a contrasting color belt is used instead of 2-inch-wide line.)

RESTRAINING LINE (12-INCH SEGMENTS)



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SCORERS' TABLE

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COURTSIDE (APPROXIMATELY 3 TO 12 FEET FROM THE BOUNDARY LINES)

TEAM BENCH AREA

BASKET BALL RULES

- ***The ball may be thrown in any direction with one or both hands .***
- ***The ball may be batted in any direction with one or both hands but never with the first and can hold the ball like football goale keeper one can use his body to protect thball***
- ***A player cannot run with the ball.The player must throw it from the spot on which he catches it allowance to be make for a man who catches the ball running at good speed.***
- ***The ball must be held in or between the hands arm or boday must not be used for holding***
- ***No shouldering holding pushing tripping or stretching in any way the person of the opponent shall be allowed.***
- ***Afoul is awarded if the ball is streaked with the first violaation of rules3***
- ***If either side makes three conseutive fouls it shall count a goal for the opponents.***
- ***A goal shell be made when the ball is thrown or batted from the ground in to the basket and stay there providing those defending the goal do not touch or distrub the goal.***

Fundamentals skill

The background features several black silhouettes of basketball players on a court. One player in the foreground is in a low stance, passing the ball. Another player to the right is in a shooting stance with arms raised. Other players are visible in the background, some dribbling and some in defensive or offensive positions. The court floor is light brown with white and dashed lines.

•Dribbling

Passing

•Shooting

Dribbling

- **Low Dribble**

- **Medium Dribbling**

- **High Dribble**

Passing

• *Chest pass*



• *Bounce Pass*



• *One Hand Pass*



Shooting

- Lay up Shot
- Two Hand Set Shot
- Over Head Set Shot
- One Hand set Shot
- Jump Shot
- Dunk Shot
- Sink Shot
- Tip In Shot
- Bank shot [Board Shot]



Basketball Drills

- Warm-up & Stretching
- Coordination & Conditioning Drills
- Dribbling & Ball Handling Drills
- Passing Drills
- Shooting Drills
- Rebounding Drills
- Defensive Drills
- Game Situation Drills

FOULS

Actions Of Referee

- ***Personal Foul***
No Free Throws***Intentional Foul******Holding***
- ***Cancel Score***
Cancel Play
- ***Three-For-Two***
- ***Charging***
- ***Illegal Use of Hands***
- ***Pushing***
- ***Foul by Team in***
Control of the Ball
- ***Double Foul***
- ***To Designate Offender***

Scoring

- A goal is made when a live ball enters the basket from above and remain in or passes through. A goal from the field counts 2 points unless attempted from the three point field goal are from the field counts for the team attacking the basket into which the when it counts 3 points, a goal from a free throw counts 1 point. A goal ball is throwing
- If a score is a tie at the expiration of the second half, play shall be continued for an extra period of 5 minutes or as many such periods of 5 minutes as may be necessary to break the tie. Before the first extra period the team shall toss for baskets and shall change baskets at the beginning of each additional extra period. At the beginning of each extra period, the ball shall be put in play at the center circle. The game shall terminate at the sounding of the timekeeper's signal indicating the end of playing time. When a foul is committed simultaneously with or just previous to the timekeeper's signal ending a half or an extra period, any eventual free throw or throws, as a result of the foul be taken.

Award

- Olympic games.
- Asian Games.
- Common wealth Games.
- World Cup
- World Championship.



EVALUATION

- Draw of Basket Ball court address its measurements .
- How many players will be in there Basket Ball team.
- How many shots will be in there Basket Ball
- How many official will be ther in Basket Ball
- What is screening
- How many dribble wii be there in Basket Balls

THANK YOU



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